

Where there's a need, there's always ICare

Supporting you to stay in your own home

ICare can also offer other care services in addition to the ones in this leaflet, we have offices in the following areas

Blackburn with Darwen

Suite 2, Barnfield House, Sand Pits Lane
Accrington Road, Blackburn BB1 3NY Tel: 01254 583624

South Ribble

Suite 2, Barnfield House, Sand Pits Lane
Accrington Road, Blackburn BB1 3NY Tel: 01772 454433

Blackpool and Fylde

Building 3, Kinraig Business Park,
Kinraig Road, Blackpool, Lancashire FY2 0PJ Tel: 01253 508277



Call us
to find out what
ICare can do
to meet your
needs



Find out more about ICare meals with care

ICare 'Peace of Mind' is a professional supportive meals service that helps people to maintain independence within their own homes.

Our new 'Peace of Mind' service has been designed to provide customers with the opportunity to receive along with their meals a greater level of support at minimal extra cost.

If you or someone you know would benefit from our service why not call us to discuss your particular requirements. Our staff are available 7 days a week from 9.00am till 5.00pm and are always happy to help.



www.icaregroup.co.uk
www.icarecuisine.co.uk



Caring
solutions for
everyday needs
0845 604 1125

ICare 'Peace of Mind'

Delicious, daily Hot meals
with Care and support too.



Our meals conform
to NACC main meal
calorific and nutritional
intake for older
customers

ICare Meals:
delivering Care with
your daily hot meal
0845 604 1125

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Satisfying your Needs as well as your Appetite

As a leading provider of care and community meals we understand the type of help and the quality of support people need on a day to day basis. Which is why ICare now offer a daily meal service that in addition to a tasty nutritious hot meal also provides sensitive and professional support.

From simple assistance with your meal, help with your daily chores to more support around the house our 'Peace of Mind' service is a cost-effective alternative to Care at Home.

Provided by our Community Assistants when they deliver your meal, 'Peace of Mind' provides you with reliable and qualified care, plus reassurance for you and your family that someone is there helping and supporting you every day.

All the meals we provide meet the National Association of Care Catering (NACC) guidelines. In addition we offer a wide choice of meals to suit varying dietary needs such as diabetic, vegetarian, low salt, low fat, soft meals, pureed meals. Included in our extensive range are Asian Halal, Asian Vegetarian, Caribbean and Kosher meals.

ICare Standard
Delivered with Care

ICare Plus
Going that extra Mile

ICare Premium
Includes 15min Care stay

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'Peace of Mind' meal service

Choose the meal and level of support you want

- ICare Standard Meal provided only
- ICare Plus Meal plus £1.20 per visit
- ICare Premium Meal plus £4.50 per visit (conditions apply) includes 15 min Care Stay
- Next of Kin Contact* £0.25p

*Text or email to inform them that their loved one is OK

Service Levels Include	Premium	Plus	Standard
15 minute Care Stay	✓		
Smoke alarm present & working	✓		
Tripping hazards interior	✓		
Tripping hazards exterior	✓		
Home safety check	✓		
Drinking fluids - evidence	✓		
Nutritionally at risk	✓		
'Best before' dates checked	✓		
Wash plate & cutlery (before & after meal)	✓		
Check hot water	✓		
Warm plate	✓		
Make hot drink	✓		

Service Levels Include	Premium	Plus	Standard
Bring in doorstep items	✓	✓	
Heating working	✓	✓	
Smell gas/evidence of fire not working	✓	✓	
Explain what the meal of the day is	✓	✓	
Serve on plate	✓	✓	
Get cutlery and clean tea towel	✓	✓	
Get seasonings	✓	✓	
Serve meal where service user sitting	✓	✓	
Cut up food	✓	✓	
Encourage to eat	✓	✓	
Get drink of water or squash	✓	✓	
Rinse and refill hydration bottle	✓	✓	
Help with menu planning	✓	✓	
Check well-being/deterioration	✓	✓	
Dispose of metal container or lid	✓	✓	
Take out rubbish	✓	✓	
Deliver meal	✓	✓	✓
Remove lids	✓	✓	✓
Report cause for concern	✓	✓	✓
Please enquire about other Care services			